

# OpenClinic<sup>®</sup>

## Sexual Health Service Update South Staffordshire Sexual Health Services

*Autumn 2021*

### Services update

Sexual health clinics are still continuing to run an appointment only service. Restoration is continuing in line with government and MPFT guidance.

All service users are advised to call the team on **0300 124 5022** in the first instance, for advice on how to access the service they require. This may be a clinic appointment, a self-testing kit which can be ordered online, or a telephone consultation.

If you are signposting service users to call sexual health, please advise them that services are in high demand, and phone lines may be busy.



### PrEP update

PrEP (pre-exposure prophylaxis) is a drug which is taken by HIV-negative people before and after sex, which reduces the risk of them becoming infected with HIV.

PrEP is available for free from our sexual health clinics, to people who meet the required criteria.

If a service user or patient asks about the availability of PrEP, please ask them to call our sexual health service on 0300 124 5022 to discuss PrEP, and for an assessment of the suitability of PrEP.



### Cannock Clinic Re-opening

The Sexual Health Clinic at Park House in Cannock will be re-opening on Thursday's starting on Thursday 7<sup>th</sup> October 9am – 4pm.

Afternoon appointments are protected for Under 21's but the morning is for any age.

Appointments are for sexual health and contraception.



## Hep C Testing Pilot

Open Clinic are piloting Hep C testing as part of routine STI testing throughout September to the beginning of November.

Test kits are also available online through [www.sh24.org.uk](http://www.sh24.org.uk)

For more information on Hep C visit the Hep C U Later website: [www.hepculater.com](http://www.hepculater.com)



## Sexual Health Week 13<sup>th</sup> – 19<sup>th</sup> September

For Sexual Health Week 2021 **Brook** is examining the secret to healthy relationships and happy sex lives: **consent!**

Throughout the week Brook will be looking at everything from consent in digital relationships, how to tackle sexual harassment in schools, as well ways to make consent more inclusive.

Brook will also be providing both young people, educators and sexual health professionals with a range of tools and resources to make sure everyone gets consent. [Click here to learn more](#)

**Open Clinic** will be supporting this week with signposts to all areas of sexual health: contraception, emergency contraception, C-Card, STI testing and more!



## Long-acting Reversible Contraception information animations

We are delighted to share our series of short but informative animations on long-acting reversible contraception are now live on our website.

Not only this, but they are also available with Polish, Punjabi, Gujarati and Urdu translations.

If patients/service users are seeking information about contraceptive procedures please direct them to the contraception page on our [website](#) and ask them to telephone the service directly on **0300 124 5022**.



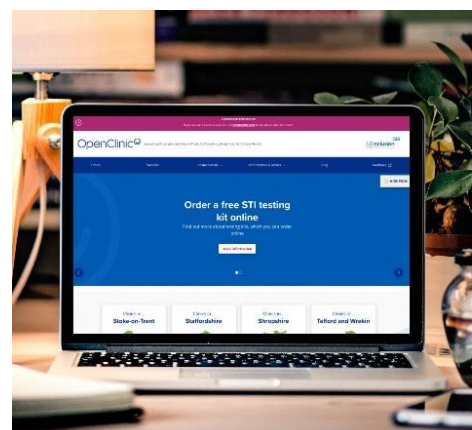
## Website reminder

All the latest sexual health service information can be found on our website, [www.openclinic.org.uk](http://www.openclinic.org.uk).

This includes:

- Clinic information
- C-Card information and list of venues
- Contraception overview and FPA leaflets
- STIs overview and FPA leaflets
- Links to order STI testing kits online (ages 16+)
- Resources

Please feel free to include a link to our website on your website, so service users can easily access sexual health service information.



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## C-Card Reminder

Please return paperwork monthly to [mpftprevention@nhs.net](mailto:mpftprevention@nhs.net) ensuring C-Card number, date and visit number are clearly recorded

Please remind anyone whose C-Card is almost full to get in touch with the Sexual Health Prevention Team for a new one

Email: [mpftprevention@nhs.net](mailto:mpftprevention@nhs.net)

Phone: 0300 124 5022 (option 4)

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**South Staffordshire Sexual Health Services**

0300 124 5022 | [openclinic.org.uk](http://openclinic.org.uk)

For more information on anything within this newsletter, or if you'd like to see anything included, please email [SexualHealthComms@mpft.nhs.uk](mailto:SexualHealthComms@mpft.nhs.uk)