

Changes to Isolation Periods

The isolation period is still 10 days but can be reduced **to 5 full days** (as long as your child is well enough and without a temperature) and receives **2 consecutive negative** LFD results which were **taken 24 hours apart**.

The earliest they should take the first LFD test is on day **5**.

Any **positive test** after a first **negative test** would mean that the first negative is **null and void**. This would **reset** the isolation period and your child would still require 2 consecutive negative tests from this point forward. You must register results with the NHS Website [here](#)

TO RETURN ON THE DAY OF A SECOND NEGATIVE TEST, BOTH TESTS WOULD NEED TO BE TAKEN BEFORE 9AM.

Anyone who tests positive must isolate for a full 5 days.

Scenario 1 A negative test on Day 5 and then Day 6. Isolation ends on Day 6 once the 2nd LFD test is negative.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
					Negative LFD	Negative LFD				

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Anyone who tests positive must isolate for a full 5 days.

Scenario 2 A negative test on Day 6 and then Day 7. Isolation ends on Day 7 once the 2nd LFD test is negative.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
					Positive LFD	Negative LFD	Negative LFD			

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Anyone who tests positive must isolate for a full 5 days.

Scenario 3 A negative test on Day 7 and then Day 8. Isolation ends on Day 8 once the 2nd LFD test is negative.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
					Positive LFD	Positive LFD	Negative LFD	Negative LFD		

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Anyone who tests positive must isolate for a full 5 days.

Scenario 4 A negative test on Day 8 and then Day 9. Isolation ends on Day 9 once the 2nd LFD test is negative.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
					Positive LFD	Positive LFD	Positive LFD	Negative LFD	Negative LFD	

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Anyone who tests positive must isolate for a full 5 days.

Scenario 5 A negative test on Day 9 and then Day 10. Isolation ends on Day 10 once the 2nd LFD test is negative.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
					Positive LFD	Positive LFD	Positive LFD	Positive LFD	Negative LFD	Negative LFD

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Anyone who tests positive must isolate for a full 5 days.

Scenario 6 Isolation will end at 11:59pm on day 10 so no need to test as child can return on Day 11.

Day Zero	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10

Day Zero is the day symptoms started **or** the day the test was taken if asymptomatic. Day 1 of isolation is the day after Day Zero.

Positive
LFD

Positive
LFD

Positive
LFD

Positive
LFD

Positive
LFD

In any scenario, the isolation period can only end if your child no longer has a high temperature. This applies even if they have tested negative twice. If children still have a high temperature after Day 10, they should stay off school and seek medical advice such as contacting your GP or phoning 111.